

ROTARY CLUB OF OCEAN GROVE

Serving the Southern Bellarine



Inc. Assn. A 0013584 X

SERVE TO
CHANGE LIVES

ABN: 13 501 173 192

Meeting Roster

Date	Guest speaker / Activity	Chair	Greeter Thanker	Assistant Cashier	Raffle	B'days/Anniversary
Tuesday Apr 19th	Richard Clay / Pie Night	Graeme Chamberlain	N/A	Janet Alexander	Ann Hodgkinson	19/4 Adrian Schmidt, 24/4 Jenny and Adrian Schmidt
Tuesday Apr 26th	District Governor. John Clue	Alan Keyse	Peter Cowburn	Judy Greer	Gil Morgan	30/4 Richard & Heather Grimmert
Tuesday May 3rd	5 on Me - Janet Alexander, Ron Ayres					9/5 Janet Alexander

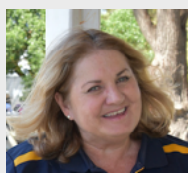
Our Club

President



Alan Keyse

Secretary



Heather Willson

Where: We meet each Tuesday at the Ocean Grove Surf Life Saving Club

When: 6pm for 6:30pm

Visitors are Welcome

Late Apologies: Lyndy Stagg -

0429 436 858

Web: rotaryoceangrove.org.au

Theme: Rotary Awareness - Vocational Service

Lookout Reserve Maintenance Roster:

9 April - Adrian Schmidt
23 April - Neil Templeton
7 May - Jenny Templeton

Past bulletins

- Available from our website (rotaryoceangrove.org.au) via the 'Our Club' menu.

Market: 0401 606 036 **Art Show:** 0417 319 465.

We acknowledge the traditional First Nation custodians of country throughout Victoria and their ongoing connection to this land. We pay our respects to their culture and their Elders, past, present and emerging.

Coming Events:

16 April: Duck Race, Barwon Heads Bridge, Heather Willson.

18 April: Easter Monday Market / Lisa Hanley & Adrian Schmidt.

19 April: Pie Night - Wear your team's colours.

25 April: ANZAC Day breakfast / Coral Barker.

30 April: Tree Planting, Wallington Road / Pearl Macmillan.

17 May: Vocational Community Awards Presentations / Lynne Carlson.

21 June: Change-over Dinner.

Report of Meeting: 12/4/2022

Visitors: Sally Cant, Beth Eustace, Jan Brentnall

President's Report, Alan Keyse

- * April 19th will be a partners night. Dress in footy colours. Dick and Leone Clay will be attending.
- * Board decided to retain the annual fee at \$250, no change.
- * It was decided the Club needed a formal storage facility. Commercial options will be considered.
- * Distribution of surplus funds - Feed me Bellarine \$5,000; Foundation \$25,000.
- * Speakers should be given a donation of \$500 to their projects if appropriate, decision retrospective.
- * The gold coin collection on Easter Monday for flood relief will be matched by the Club. CFA will be helping.
- * Change over dinner will be June 21st.
- * There will be a combined Board meeting on June 14th at the Surf Club.

Chair: Geoff Chandler

Wisdom for the week

Never memorise something you can look up. Albert Einstein

“Letter words” - with new definitions. R

Reading - Sometimes an ingenious device for avoiding thought.

Recession - When a neighbour loses his job - as opposed to a depression, which is when you lose yours.

Relations - A tedious pack of people who haven't the remotest knowledge of how to live, nor the smallest instinct about when to die.

One liners

- * Where there is a will, there's a relation.
- * I recently decided to sell my vacuum cleaner - all it was doing was gathering dust.
- * I like to hold hands at the movies, which always seems to startle strangers.
- * “The easiest way to add insult to injury is when you are signing somebody's cast”. Demetri Martin
- * I didn't like my beard at first, but it grew on me.

Links

Rotary International:

www.rotary.org

Rotary District 9780:

www.rotary9780.org

Rotary Foundation:

www.rotaryfoundationaustralia.org.au

Footy Tipping

www.footytips.com.au

Facebook: <https://www.facebook.com/RotaryOG>

Instagram: [#rotarycluboceangrove](https://www.instagram.com/rotarycluboceangrove)

Please remember:

You receive an email each week asking about your attendance at the next meeting. - **please respond when you get it** - it's a very simple process.

Reports:

Heather Willson, Duck Race - need two more volunteers to help tip the ducks over the bridge. Project has made \$5,000 to date, there are still more ducks available online. A north wind is predicted but the race will be at full tide.

Coral Barker, ANZAC Day Breakfast - volunteers to meet next Tuesday, before the meeting.

Lisa Hanley, Market - A few volunteers are still needed for the gold coin collection and helpers are needed for site management between 7 am and 9 am.

Janet Alexander, Footy Tipping - Round 4 was won by Chris Watson with 7 winners. Ladder leader is Adrian Schmidt, followed by Alex Magee and Graeme Chamberlain, followed by Chris Watson and Geoff Chandler.

Guest Speaker: Sally Cant, Compassionate Hearts of the Bellarine.



Sally is a civil funeral celebrant, death care advocate, mentor and educator. She lives in Portarlington. She has authored ***Conversations about Death*** and ***The Heart and Soul of Celebrancy***.

Compassionate Hearts of the Bellarine is part of Compassionate Communities which encourages communities to look after communities in the death and dying space. It was established in 2019 by a group of Queenscliff doctors. It is a not-for-profit organisation looking after people nearing death at home without other support. It was particularly significant during COVID and has recently been registered as a charity.

Seventy per cent of people prefer to die at home but are able to do so. The group looks after these people rather than those in a hospice or nursing home. Volunteers help both carers and patients. All volunteers must have a police check and training over six months before going into homes. Patients are referred from Bellarine Community Health or General Practice doctors. It undertakes some fundraising which is used for training, policy and procedures and a business manager. There are currently 30 trained volunteers who go into a home for about one hour per week.

Community Service Awards

sponsored by:

Rotary Club of Ocean Grove and the



Other sponsors:

Apprentice/Trainee of the Year



Liberton Corriedales

Small Business Excellence



Team Member of the Year

DC Roo'fing



Wairn Ponds

Volunteer Organisation of the Year



13TH BEACH HEALTH SERVICES

Q & A Responses:

Volunteers are kept engaged with social events involving both volunteers and the Board every six to eight weeks. They try to match volunteers with clients such as writing life stories. They sometimes send two volunteers together which has been important during COVID.

It is almost impossible to predict when people are near death. Every case is different.

Other organisations provide relief for carers. However, they keep in touch with carers for six months after death to help look after the family.

The training involves components on palliative care, understanding what volunteers can and cannot do, communication skills, what it is appropriate to discuss, spirituality, diversity, care of illnesses, the death and dying period, grief, self-care for the volunteers to prevent burn-out.

Around seventy per cent of the volunteers are ex-nurses and there is a low turnover rate. All contact with the clients has to be approved by the volunteer coordinator.

If the dying person does not have family, they attempt to organise services to support that person.



Janet thanking Sally Cant

Rotary International President-elect, Jennifer Jones, is poised to lead Rotary into a vibrant, diverse future

An interesting article about Jennifer Jones and her plans for the coming Rotary year:

<https://rotary.org/en/the-connector-jennifer-jones>

