

ROTARY CLUB OF OCEAN GROVE

Inc. Assn. A 0013584 X ABN: 13 501 173 192



Meeting Roster



	Guest speaker	Chair	Greeter/ Assist. Sgt.	Thanker/ Asst. Cshr.	Raffle	B'days/Anniversary
23rd April.	Barwon Sports Academy Visit.	Lynne Carlson	Vic Harnath.	Peter Cullen	N/A	30/4 Heather & Richard Grimmett
30th April	AG Di Crawford to visit	TBA	TBA	TBA	TBA	

Our Club

President: Graeme Chamberlain

Secretary: Pearl Macmillan

Where: We meet each Tuesday at the Ocean Grove Bowling Club: 18 The Terrace, Ocean Grove, 3226

When: 6 pm for 6:30pm

Visitors are Welcome

Apologies: 0457 315 900

Web: rotaryoceangrove.org.au

Theme: Maternal & Child Care Month

Lookout Reserve Maintenance Roster:

14/04/19 - 20/04/19 Janet Alexander

21/04/19 - 27/04/19 Coral Barker

28/04/19 - 04/05/19 Geoff Ford

Past bulletins

- Available from our club website

Market contact: 0401 606 036

Art Show contact: 0417 319 465

Report of Meeting: 16/04/2019



Visitors: Jeremy Birrell, Jenny Schmidt

President's Report

Bayside Rotary Club is holding a Trivia Night on May 3. See Pres. Graham if you want to attend.

Chair: Janet Alexander

Reports:

Marian Walton, Administration. District Assembly is on 28th April in Ararat. Currently four are attending from this club. More are welcome, especially new members. See Marian if interested.

Lynne Carlson, Vocational Committee. Next Tuesday we have a vocational visit to the Barwon Sports Academy. This provides training to young people under 18 in a variety of sports (not football). We will meet in the Theatre at Skilled Stadium. Enter through Gate 9, Doug Wade building off Moorabool Street. Usual time, 6 for 6.30 start. After their presentations, we are having dinner at the Mambo Restaurant. It will be a banquet and cost around \$25. If you have not confirmed attendance, let Lynne know. Partners welcome. An email regarding attendance at the Royal College of Surgeons on the 29th April will be circulated.

John Paton, Treasurer. Reminder that all BBQ Raffle tickets must be returned by the Easter Monday market

Members: Coming Events:

- 25 Apr ANZAC Day Breakfast.
- 21 May Allied Health Services.

Saying of the week

Anyone can give up, it's the easiest thing in the world to do. But to hold it together when everyone else would understand if you fell apart, that's true strength.

Humour

Doctor: "Did you take those pills I gave you to improve your memory?"

Patient: "What pills?"

Are you an organ donor? No, but I once gave an old piano to the salvation army.

Links

Rotary International:
www.rotary.org

Rotary District 9780:
www.rotary9780.org

Footy Tipping
www.footytips.com.au

Please remember:

- APOLOGIES ARE NECESSARY! IF YOU ARE UNABLE TO ATTEND A MEETING. THOSE WHO DO NOT CONFORM WILL BE SENT A BILL, AS THE CLUB HAS TO PAY IF NO APOLOGY IS REGISTERED.

Gordon King, Foundation. Reminder that he has forms for the Centurion program available.

Adrian Schmidt, Easter Monday Market. 90 sites are booked. All positions have been filled except Noel still needs a helper for the Corn Toss. Please consider. This raises around \$50 each time for the club.

Alex McGee, Footy Tips. Winners this week were Geoff Chandler and Graeme Chamberlain; each with five so both will get a prize. There are six people on the top of the competition, but they all have only 19 winners out of 36. Those on the bottom of the list have 14 winners so the competition is still very open. Please pay immediately if you have not yet done so.

Guest Speaker, Dr Bernie Jenner, past head of Paediatrics at Barwon Health, and founder of Hope Bereavement Care, Geelong in 1985.

Dr Jenner paid respect to the traditional custodians of this land and to their leaders past and present.

Bernie was one of four children. His father was a holocaust survivor, who came to Australia in the aftermath of World War II. The rest of his family were murdered during the war. Bernie considers his father the driving force in his life. He taught him the values of respect, inclusion, caring, to be non-judgemental, and to give back to the community. Bernie believes the mark of a successful society is looking after its most vulnerable. He aims to use his skills in conjunction with others to leave the world a better place. His passions are Health, Disability and Bereavement.

Bernie was born in Melbourne. He trained in medicine and was drawn to paediatrics. He worked in North Melbourne and Sydney before coming to Geelong to set up a practice. He was Head of Paediatrics at Geelong Hospital, now retired. In his early practice, he saw the lack of resources and support for families with children with disabilities. He organised a series of services through Gateway Support Services, which now has 500 staff covering the Barwon, Western Victorian region and western Melbourne.

In these early days, cot death was common as were early childhood infectious diseases, which caused many deaths prior to vaccination becoming common. There was no infrastructure to support these families, who had to rely on their own family or the neighbourhood. This left many without support. The Sudden Infant Death Support (SIDS) Foundation began 'Red Nose' day. Bernie approached them for help to fund a counsellor and set up an organisation in the Barwon, which resulted in Hope Bereavement Care. This supports those grieving for a child in the 0 to 18 age group and has now expanded to support those grieving for an adult and grieve after suicide. It provides counsellors, support groups for family members

and helps schools affected by death. It also provides suicide prevention services with a 24-hour hotline and has a library of resources. It receives no government support. Revenue is obtained through fundraising activities such as the Sports Breakfast supported by Geelong Football Club, community grants, donations and gifts. It also gets support from the Red Nose Foundation. Freemasons Victoria supports the suicide prevention program and Barwon Health provides office space. Bernie and his wife host young players with Geelong Football Club and have had 20 boys over the past 15 years. They involve them in the fundraising activities.

Between 2006 and 2009, Hope Bereavement Care supported 50 families per annum. In 2013, it supported 66 families, up 32% from 2012. In 2018, it helped 196 families, up 30% from 2017. Each \$100 provides 50 minutes of counselling and support. A donation of \$2,000 provides 20 counselling services. They are currently working on a project to develop educational software for use in workplaces to identify workers at risk. They need to raise \$30,000 for this project.

Information from Lynne Carlson: Following up on the Invitation that Dr Donald Murphy extended to our members of the club on his visit to us in March.

If there are any members interested in a tour to the Royal College of Surgeons on Monday 29th May start time is 10:30 am.

We have planned to depart from Waurin Ponds Rail Station @ 8:19am and arriving into Southern Cross Station @ 09:31 am.

I believe the best option to get from Southern Cross Station would be to take the No 96 tram a 4 minute walk from Southern Cross to tram pick up spot on Spencer St, this will take us to Parliament Station top of Spring St then a short 5 minute walk to the college.

The college is located at 250-290 Spring St. Melbourne.

Please contact Lynne Carlson by Wednesday 24th April either by Phone 0439 981 518 or email lcarlson46@bigpond.com.



Answer to last weeks puzzle: The second scientist died, both asked for water but the barman thought the second scientist asked for H₂O₂ (because he said H₂O too). H₂O₂ is actually hydrogen peroxide, which is deadly when ingested.



A Cowboy rides into town on Friday, stays for three days, and leaves on Friday. How does he manage this?