

ROTARY CLUB OF OCEAN GROVE

Inc. Assn. A 0013584 X ABN: 13 501 173 192



Meeting Roster



	Guest speaker	Chair	Greeter/ Assist. Sgt.	Thanker/ Asst. Cshr.	Raffle	B'days/Anniversary
18th June	Surf Club Build.	Gerry Spencer.	Judy Greer.	Noel Emselle.	Tony Haines.	19/6 Barbara Watson.
25th June	CHANGE OVER.	Graeme Chamberlain & Marion Walton.	Geoff Chandler	N/A.	???	1/7 Rod Greer, 2/7 Jennifer \$ Chris Foster.

Our Club

President: Graeme Chamberlain

Secretary: Pearl Macmillan

Where: We meet each Tuesday at the Ocean Grove Bowling Club: 18 The Terrace, Ocean Grove, 3226

When: 6 pm for 6:30pm

Visitors are Welcome

Apologies: 0457 315 900

Web: rotaryoceangrove.org.au

Theme: Rotary Fellowship Month

Lookout Reserve Maintenance Roster:

16/6/19 - 22/6/19 Dick Clay

23/6/19 - 29/6/19 Norm Elliott

30/6/19 - 06/7/19 Andrea Tierney

Past bulletins

- Available from our club website

Market contact: 0401 606 036

Art Show contact: 0417 319 465

Report of Meeting: 11/06/2019

Visitor: *Craig Goddard. Parkinson's Association.*

President's Report:

President Graeme reminded Directors of Committees that Annual Reports are needed for the end of this Rotary year. Thanks were extended to John Calnin and Bill Steains for organising and providing the facilities. The food was greatly appreciated and enjoyed as well.

Reports:

Martin Geerings: A reminder that people give used stamps to him as a fundraiser for trachoma eradication.

Marian Walton, Administration: Rotary Leadership Institute next course is running for three Saturdays, one in August, October and February. The Club will pay the fee. Alan Keyes and Alison George are likely participants.

Gordon King, Foundation: A good number of members have taken Centurion Forms.

Administration: An acceptance sheet was passed to members to indicate attendance at the Changeover dinner to be held at the Bowling Club on 25/6/2019. Marion reminded the members that there will be a forum on Understanding Dementia at 7.00pm on Wednesday 3rd July at the OG Bowling Club.

Community: Noel Emselle announced there will be a Forum on the Bellarine Coastal Community from 10am - 4.00pm at the Shell Road Pavilion on 21/6/2019. See him if interested.

Members: Coming Events:

Membership and Public Image Seminar Geelong. Aug 03, 2019
9:30 AM – 3:00 PM

Saying of the week

Life is inherently risky. There is only one big risk you should avoid at all costs, and that is the risk of doing nothing.

Humour

I need to re-home a dog. It's a small terrier, and tends to bark a lot. If you're interested, let me know and I'll jump over my neighbour's fence and get it for you.

Links

Rotary International:
www.rotary.org

Rotary District 9780:
www.rotary9780.org

Footy Tipping
www.footytips.com.au

Please remember:

- APOLOGIES ARE NECESSARY! IF YOU ARE UNABLE TO ATTEND A MEETING. THOSE WHO DO NOT CONFORM WILL BE SENT A BILL, AS THE CLUB HAS TO PAY IF NO APOLOGY IS REGISTERED.

Alex McGee, Footy Tipping: Alex was this week's winner.. President Graeme is on top of the ladder.

Alex would like a replacement for next year as he has decided to take redundancy at no cost to the management .

Fund Raising: The volunteer list for help at the BBQ at Bunnings on 15/6/2019 is complete.

RC of Queenscliff ran a very successful event featuring Lego. Members from Ocean Grove who assisted were thanked.

International: The activities with the playground equipment is continuing to proceed.

Youth Services: Judy Greer reported that the students who have received scholarships are doing well.

Membership: The new book has gone to the printer.

Guest Speaker, Craig Goddard.

Craig is the Membership and Fundraising Co-ordinator at the Parkinson's Association (Victoria).

At the commencement of his talk President Graeme presented Craig with a cheque for \$960.00 that was the result of the gold coin donation at a market. Chris was very grateful for this gesture as research into this condition is slow and very expensive.

The condition is very complex with very varied symptoms and outcomes. Most people affected refuse to stop and this allows the coping

mechanisms remaining to function more satisfactorily.

There are 27,000 people living with the effects of Parkinsonism in Victoria. The figures are higher as diagnosis can take a long time.

Most people remain employed in some way. Craig believes it is worthwhile and necessary to mix and engage with affected people so appreciation of the difficulties many people contend with can be explained and passed on to the community.

Patience and understanding are essential to enable people to live as best they can.

There are 1600 members of the Association in Victoria, a small percentage of those who have been diagnosed in the state. The condition was described 200 years ago by Doctor John Parkinson. Patients have a lack of dopamine which is necessary for the transmission of nervous impulses needed for normal control and function of muscles. It is a progressive condition with no specific cause. It is believed that for some an inherited tendency is possible. Treatment, mostly with drugs can enable people to live with the condition in a fairly successful way. There is no definitive test and diagnosis is often made on response to



therapy.

Research is ongoing and involves working in association with scientific and medical organisations to enable people to maintain and stimulate activities. A help line is available for all those affected including family and friends.

Craig believes that working with a non profit organisation improves most aspects of life, especially as those affected and their families show such fortitude and are so appreciative of any services and assistance. The need to continue working and supporting this Association is vital.

Geoff Brentnall briefly outlined his journey so far. He has had deep brain stimulation and has needed further electrode stimulus. He has felt the effects almost immediately. His gait is not improving and he continues to shuffle. He thinks further drug therapy may be useful. His golf is certainly not improving!

Richard Grimmett also outlined his journey so far. He has also had deep brain stimulation and uses a remote control device to stimulate the electrodes. He is having difficulty commencing walking especially through doorways and crossing spaces. Eight years ago he undertook a 104 km Great Ocean walk over 8 days where he camped alone and learned to accept his condition and to gain some peace. He has also attended a conference in Japan where he gained a better understanding and considerable knowledge. Richard likened himself to his ageing Kombi and its difficulties with mobility.

Change-over Dinner:

Members are reminded to wear their regalia (PHF) for those that have them.

Pie Night at Bill Stains (Man Cave) Geelong v Richmond



