

ROTARY CLUB OF OCEAN GROVE

Serving the Southern Bellarine

Inc. Assn. A 0013584 X

ABN: 13 501 173 192



Meeting Roster

Date	Topic	Chairperson	Greeter/ Thanker	Happy/Sad \$	Raffle	Birthdays/Anniversaries
Oct 21st	Tony Walker World Polio Day	Gary Willson	Peter Hawthorne	Geoff Ford	Penny Broome	23/10 John & Pippa paton, 25/10 Jo Hawthorne
Oct 28th	Feed me Bellarine - Lana Purcell - originator	Jenny Templeton	Delia Naumann	Beth Eustace	Jenny Clairs	1/11 Peter and Jenny Cowburn
Nov 4th	NO MEETING					



Our Club



President - Lyndy Stagg

Secretary - Rod Bush

Meetings: We meet each Tuesday night at the Ocean Grove Bowling Club - 5:30 for 6pm.
Visitors welcome !

Est. 1953
OCEAN GROVE
BOWLING CLUB

Information:

Meeting enquiries or Apologies; Rod Bush - 0410 471 005

Monthly Theme: October is *Economic and Community Development* Month.

Activity Contacts:

Market: 0401 606 036 **Art Show:** 0410 471 005

Members receive an email each week
asking about your attendance at the next meeting
- please respond when you get it

Wisdom quote

*Insomnia sharpens your math skills
because you spend all night
calculating how much sleep you'll get
if you're able to 'fall asleep right now.'*

Past bulletins

Available from our website (rotaryoceangrove.org.au) via the 'Our Club' menu.

Links

Our Club Website: rotaryoceangrove.org.au

Rotary International: www.rotary.org

Rotary District 9780: www.rotary9780.org

Rotary Foundation: www.rotaryfoundationaustralia.org.au

Footy Tipping: www.footytips.com.au

Facebook: <https://www.facebook.com/RotaryOG>

Instagram: #rotarycluboceangrove

Member Activities - Please check your allocation and inform the appropriate person if you cannot make it.

Rosters: Contact **Delia Naumann**

Lookout Maintenance Roster:

12 October. - Penny Broome and Marg Campbell

26 October Kath Venters 9 Nov Gil Morgan

23 Nov The Templetons 7 Dec Sue Hill

18 January David Larkin 1 Feb John Paton

100 Trees Maintenance Roster:

October. Leader: Rod Birrell - Penny Broome, Lisa Hanley, Tony Haines

November. Leader: Beth Eustace - Geoff Chandler, Sue Hill, Janet Alexander, Alan Keyse, Lynne Carlson

December: Leader: Andy McKoy - Noel Emselle, Rod & Judy Greer, John Paton

February. Leader: Neil Templeton - Jenny Templeton, Kath Venters

Meeting - Oct 14th

President's Report:

Just letting you know about an exciting opportunity to hear **Stephanie Woollard OAM** who is presenting to a Kardinia Rotary evening meeting at the **RSL, Belmont on 30 October**. You may be aware Stephanie commenced her journey by setting up 'Seven Women' in Kathmandu (at the age of 22) to support marginalised women through education and employment. Since then she has gone on to be a Rotary Peace Scholar and to undertake many leadership roles. She has spoken at a number of Rotary Conferences over the years.

Meals and drinks can be purchased before the meeting and will be served during the event. If you would like to attend, please RSVP to henrybrockman@bigpond.com Ph 0406577058.

Stephanie is a social entrepreneur, founder, and connector with a deep belief in the power of business to create meaningful change.



This journey began when she was aged 22 in a tin shed in Kathmandu, where she founded Seven Women to support marginalised women through education and employment. Since then, her work has grown to include national leadership roles with values-based networks like Food4Thought and Halftime Australia, coaching emerging leaders, and founding The Celtic Way, a business that connects Australians with their Irish heritage through immersive, cultural travel.

Stephanie received an Order of Australia Medal and other awards along the way, but what drives her most is seeing people grow—individually and collectively—when given the right tools, networks, and support. Whether facilitating executive roundtables, speaking globally on social enterprise, or leading cultural tours, she brings energy, purpose, and a collaborative approach to every project.

Stephanie holds an Undergraduate degree in International Development from La Trobe University in Melbourne, Australia and a Masters degree in Peace Studies & Conflict Resolution from Uppsala University, Sweden.

You and any interested members of your Clubs are invited to join us on the evening of Thursday 30 October at the Belmont RSL (6.30pm for 7.00pm).

As the venue holds only 70 people, please RSVP by Tuesday 28 October to Brian Bennett (who is copied in above) on 2013benzo@gmail.com or on 0418 374 380.

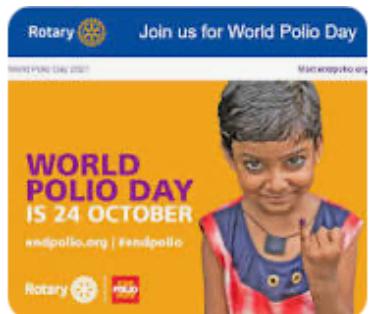
- **Friends of rotary flyers** are being distributed. If you think you can put a flyer up somewhere, please take one.
- **Feed Me Bellarine Dinner** - Friday Nov 8 @ 7pm - details t.b.a.
- **Primary Students** are coming in November to receive their community awards.
- Lyndy was approached about changing the time of the Tuesday's meeting. In the future we will change when daylight savings changes. We will need to warn OGBC before changing the time now.
- **Flag raising for 100 years of Rotary in Geelong** - a flag raising ceremony for Rotary in Geelong's centenary celebrations will be held Monday October 13 commencing at 11am at Geelong Town Hall - Gheringhap St. entrance. NO RSVP is required for the Flag Raising ceremony There is no restriction on numbers. This is a free even
- **Christine Duffy (DG)** will come to help at the duck race.
- **Geelong service club network** – They are going to host a vigil for social housing at Norlane Community centre - 39A Rose Avenue, Norlane on Friday October 17 from 5pm to 6.15pm- on the 17/10/2025 from 5pm – 6:15pm. They need help making paper houses to protest the lack of social housing.

- Lions Geelong Show gate supervision is on from 16th to the 19th of Oct. They are trying to fill 4-hour shifts in the car park and have asked for some help.. Free parking all day, free drinks, free entry to the show, and a meal after your shift is offered in return and \$20 per hour per person is offered to Rotary.

Club Reports

Frank Rice: Frank's church is sponsoring a Camino Walk on 9th Nov 2025. The 10km walk is along the rail trail. It is a community walk so all are invited. 2-3 hours Sunday afternoon. Registration Fee: \$25.00 per person. This covers administrative fee, bus transport & lunch (provided by Feed Me Bellarine). Tickets can be booked at: <https://www.trybooking.com/events/1456105/sessions/5845991/sections/2798008/tickets>. Some assistance needed as course marshals too - please see Frank.

- World Polio Day on Oct 24. **Please wear something Red at our meeting prior to this (Oct 21st) as a show of our support.**



- Members of our Youth Service committee involved in the **Junior Community awards group** joined forces to view and comment on the last of the submitted work booklets in advance of our meeting last night. As they say, education never stops



Other topics raised:

- **Club end of year Break up dinner** at the newly renovated Barwon Heads Golf Club on Tuesday December 16th . More details t.b.a.
- **Club Feed me Bellarine Dinner:** Friday November 7th - 7pm.
- **Rotary Art Show Opening** - Friday Oct 31st at 7:30 pm Pt. Lonsdale Primary school. All members/partners are welcome.
- **Packing of birthing kits** for New Guinea - between 11am and 2pm at The Wave Ocean Grove, Baptist church on **Oct 18th**. Volunteers required.

Guest speaker: Lachlan Sinnott

After being introduced and welcomed by Harry Hanley, Lachlan described his background in engineering and science from Deakin University, and his move from Melbourne to Ocean Grove.

He discussed the development and commercialization of lactoferrin, a key ingredient in infant formula and skincare products. Lactoferrin, discovered in 1976,

regulates iron in the blood and inhibits virus replication. It is used in 60% of global infant formula except Australia due to political reasons.

The business, started in 2009, expanded from 50 to 75 employees and operates globally. Lactoferrin's annual market is \$2.5 billion, requiring large-scale dairy operations.

The discussion also covered other milk-derived products like beta-lactoglobulin and alpha-lactalbumin. Lachlan also spoke of the challenges faced by current small scale dairy farmers.

He drinks full cream Sun Gold Jersey Milk. !



Lachlan & Harry

Lachlan's talk generated numerous questions as his presentation progressed. A real sign of the involvement of those watching. It was a real education for this privileged enough to be there to see it. As Gus said - 'One of the best presentations we've seen!!'.

