

ROTARY CLUB OF OCEAN GROVE

Inc. Assn. A 0013584 X ABN: 13 501 173 192



Meeting Roster



	Guest speaker	Chair	Greeter/ Assist. Sgt.	Thanker/ Asst. Cshr.	Raffle	B'days/Anniversary
19th February	Linguistics	Geoff Chandler	Lynne Carlson	Gerry Spencer	John Wynn	21/2 Jan Chandler, 25/2 Paul Tierney
26th February	Bellarine Community Health. Shane Dawson.	John Calnin.	Don Ho.	Alex Magee.	Gary O'Donnell.	28/2 John Paton, 1/3 Eng Ho, 1/3 Nicole Vinkin-Powell, 3/3 Pam Haines.
5th March.	Lions Club at Barwon Heads.	TBC	TBC	TBC.	TBC.	6/3 Alan Keyse, 6/3 Dick Clay, 6/3 Leone Clay,

Our Club

President: Graeme Chamberlain

Secretary: Pearl Macmillan

Where: We meet each Tuesday at the Ocean Grove Bowling Club: 18 The Terrace, Ocean Grove, 3226

When: 6 pm for 6:30pm

Visitors are Welcome

Apologies: 0457 315 900

Web: rotaryoceangrove.org.au

Theme: Peace & Conflict Prevention/Treatment Month

Lookout Reserve Maintenance Roster:

17/02/19 - 23/02/19 Gerry Spencer.

24/02/19 - 02/03/19 Neil Templeton.

03/03/19 - 09/03/19 Noel Emselle.

10/03/19 - 16/03/19 Gordon King.

Past bulletins

- Available from our club website

Market contact: 0401 606 036

Art Show contact: 0417 319 465

Report of Meeting: 12/02/2019

Guests: Barbara Watson, Jane Watson (Guest Speaker)

President's Report

***Meeting Tuesday 5th March will be a joint meeting with Lions at Barwon Heads.** We must let them know by next Tuesday how many are coming – a sign-up sheet was circulated. There will be no meeting at the Bowling Club that night.

*Geelong Rotary Club is holding an Anam Cara night, \$175 per head, date not yet advised. Please let President Graeme know if you are interested in going.

*Geelong East Rotary Club is holding a night to support Head Space with Dylan Alcock at \$150 per head, date not yet advised. Please let President Graeme know if you are interested in going.

Chair: Peter Hawthorne

Reports:

Fred Andrews: reported on the results of the car raffle. A. McKinnon won first prize and F. Legit won second prize. We sold 471 books, raising \$6,564 for our Club.

Rod Greer: Kingston Park Playground

I would like...

Members: Coming Events:

- Visit to Lions club - Barwon Heads - March 5th
- 9780 Conference - Maryborough - Mar 22 -> 24
- Wine/Dine/Dance - Parkinson's Fundraiser - April 6th

Saying of the week

- Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence. ...

Humour

- Life is short, smile while you still have teeth

Links

Rotary International:

www.rotary.org

Rotary District 9780:

www.rotary9780.org

Footy Tipping

Please remember:

- APOLOGIES ARE NECESSARY! IF YOU ARE UNABLE TO ATTEND A MEETING. THOSE WHO DO NOT CONFORM WILL BE SENT A BILL, AS THE CLUB HAS TO PAY IF NO APOLOGY IS REGISTERED.

Some publicity for this event both through Rotary (District, Facebook etc)

We need some support in the way of a crew to dismantle and a few to mark up (who can read diagrams and write clear numbers). I am meeting with Project Manager, Jason Salter, from the C of GG Monday afternoon to go over 'a plan of attack', but at this stage the date of the 4th March has been given to me.

So I'm guessing some of this can go into the club bulletin to get members to get in touch with me and some will just be information. I'll have a sheet for the next meeting to go round, but people may like to respond when the bulletin goes out.

Kingston Park - Play Ground Equipment

(The Club has given us a budget to do this.)

Marking Up A team of 4 - 6 to mark up the equipment and to squirt the joints. This needs to be done in the week

before, probably

Wednesday 27th Feb late afternoon and/or

Thursday 28th Feb am.



Dismantling. A team of 8 - 10 for at least 2 -3 hours, starting Monday 4th March 9.00am

OHS and attendance sheet with someone to oversee this.

Morning tea for the 4/3

Purchase of pens, lubricant, spanners and 'keys'

Rod G and Wal

Publicity and pics

A sign up sheet will be available at the next meeting Feb 19th.

John Paton: Treasurer, advised that we can obtain a 'Square Reader' which is a form of eftpos machine that takes pay wave. It can be used to pay for meals, merchandise, etc by card. Members agreed that would be a good option.

Lynne Carlson: Vocation, reported that we had only received a few nominations for the Community Awards to date. She asked Rotarians to please nominate appropriate people, especially apprentices. She had approached several members to be on the judging panels. An article will appear in the next Voice regarding the lack of apprentice nominations.



Lynne also advised that a Dinner – Dance for Parkinson's would be held on the **6th April**. It will accommodate 140 people, with tables of 6, 8 and 10. Tickets available from Marion Walton. They will take names of those interested in going next week. **Cost is \$75 per head.**

Guest Speaker: Jane Watson, Business Development Manager, 'BackTrack' which is an organisation based in Armidale, NSW to help youth who have been in trouble with the law to improve their situations.

BackTrack works with kids, which the other systems have given up on in rural and regional communities. Its objectives are to keep them alive, keep them out of jail and help them pursue their hopes and dreams. It works with disengaged youth aged 12 to 19, mainly males although girls particularly from the 16 plus age group are also involved. Many are indigenous, early school leavers and face interrelated challenges that have caused them to drop out of mainstream systems. They often come from families, which have experienced multi-generational disadvantages. Most have had contact with the legal system and have drug, alcohol or mental health issues with little prospect for employment in the future. Referrals come from magistrates, schools, other services and the families themselves. They receive many more referrals than they can accept due to limited capacity.

They use an approach known as **The Circle of Courage**, which was developed by the First Nation Peoples in North America. The steps involve -

1. Creating a sense of Belonging, in this case to *BackTrack*. Once in an individual cannot be excluded from the program, but they have to choose to be there. There are no rules, but participants agree to a set of behaviours. *BackTrack* is located outside town in a farm location. Interacting with dogs is an essential part of developing their sense of belonging.
2. Developing Independence, learning to take responsibility for their own actions.
3. Developing Mastery or learning new skills. They learn work readiness skills related to local jobs in trades or farming. Learning occurs in a classroom known as 'The Paddock' where they learn within a format of obtaining life skills, such as how to buy a used car. *BackTrack* has an agreement with local high schools where by the participants are enrolled there but do not attend regular classes. They also have a social enterprise targeted towards the older participants where they obtain work contracts from local businesses and give the kids work experience in undertaking these contract jobs, e.g. fencing.
4. Learning Generosity or giving back to the world. First they learn to care for themselves, and then others.

BackTrack participants experience significantly higher levels of suicide tendencies and psychological problems than incarcerated youth, which reflects their lack of a stable home environment. They thus provide accommodation for out of town and more impacted participants where they learn to operate in a home environment, supported by house parents. The program first concentrates on developing the wellbeing of the participants and then progresses into skills



and training. It can be a six-year process. They have supported around 1,000 youth over the last 13 years. 87% have transited into employment or further education. There has been a 55% reduction in youth crime in the Armidale community and incidences of suicide and psychological stress have reduced. There has been interest in the program from other communities and *BackTrack* will help communities to establish their own programs. Lake Cargelligo and Dubbo have established their own programs along similar lines to *BackTrack*.

Gerry Spencer thanked Jane for her talk and congratulated *BackTrack* on establishing such a worthwhile and inspiring program.

