

ROTARY CLUB OF OCEAN GROVE

Inc. Assn. A 0013584 X ABN: 13 501 173 192



Meeting Roster



	Guest speaker	Chair	Greeter/ Assist. Sgt.	Thanker/ Asst. Cshr.	Raffle	B'days/Anniversary
30th April	Prison Warden, Chris Kinley.ADG Di Crawford to visit.	Rod Greer.	Neil Templeton.	Geoff Chandler.	Wal Kelly.	Heather & Richard Grimmatt 30/4
7th May	District Conference Presentation	Marion Walton.	Noel Emselle.	Anne Hodgkinson.	Meredith O'Neill.	

Our Club

President: Graeme Chamberlain

Secretary: Pearl Macmillan

Where: We meet each Tuesday at the Ocean Grove Bowling Club: 18 The Terrace, Ocean Grove, 3226

When: 6 pm for 6:30pm

Visitors are Welcome

Apologies: 0457 315 900

Web: rotaryoceangrove.org.au

Theme: Maternal & Child Care Month

Lookout Reserve Maintenance Roster:

21/04/19 - 27/04/19 Coral Barker

28/04/19 - 04/05/19 Geoff Ford

Past bulletins

- Available from our club website

Market contact: 0401 606 036

Art Show contact: 0417 319 465

Report of Meeting: 23/04/2019

Fundraising: The BBQ Raffle was won by Peter Cullen.

Market: This was a very large market with plenty of patrons. Takings were as follows; BBQ Raffle: \$700.00, Gold Coin Donation (CWA): \$2526.00, Site Fees (Casuals) : \$2190, Coin Toss: \$54.50, Raffle : \$309.10, Permanent Site Fees \$1500.00. The Market activity will commence again in October.

Vocational: The visit to the College of Surgeons will be on 29/4/19. Please catch the 8.18 am train to the City. Lynne Carlson needs to know if there are any extras.



Guest Speaker:
**Cameron Loftus, CEO
Barwon Sports
Academy.**

Thirty seven members and partners attended this very informative and interesting visit provided by Cameron who obviously thoroughly enjoys his role and who shows deep commitment to the organisation.

The visitors were informed of the many activities conducted by the Academy; these included an Induction evening where 100 athletes and their families were welcomed, Leading teams sessions where Trademark behaviours of group standards, expectations, culture were discussed and formed as part of the experience.

Members: Coming Events

- 25 June Change-over Dinner.

Saying of the week

The key to a winning season is focusing on one opponent at a time. Winning one week at a time. Never look back and never look ahead.

Humour

- Today at the bank, an old lady asked me to help check her balance. So I pushed her over.
- I know a lot of jokes about unemployed people but none of them work.

Links

Rotary International:
www.rotary.org

Rotary District 9780:
www.rotary9780.org
Footy Tipping
www.footytips.com.au

Please remember:

- APOLOGIES ARE NECESSARY! IF YOU ARE UNABLE TO ATTEND A MEETING. THOSE WHO DO NOT CONFORM WILL BE SENT A BILL, AS THE CLUB HAS TO PAY IF NO APOLOGY IS REGISTERED.

Cameron explained the group and personal partnerships which have been formed and are so necessary to provide information to coaches and if necessary health and physical care for the athletes. Opportunities are also provided for outstanding athletes to rub shoulders with some of Australia's Olympic, Paralympic, Commonwealth and World Champions at the Victorian Institution of Sport as well as participating in nutrition, stretching, strength and conditioning sessions. Many athletes have education about Driver Safety from Sponsor TAC. Deakin University, as a sponsor is involved in information sessions on pathways and options for athletes looking to study in the health, sport and fitness industry. Sports Psychology and wellbeing sessions are conducted involving parents as well as adolescent athletes focusing on the areas of sleep, diet, mindfulness, stress and exercise and how they can impact on mental health and physical wellbeing.

Fundraising events are also held to enable athletes to compete in competitions locally, nationally and overseas. Information sessions and events are also held for Friends of BSA.

A mentoring program is also available as well as recognition of achievements in athletes chosen sports. In 2018 BSA had 46 athletes represent at state, 10 at national and 7 at international level. From 2008 - 2018 the BSA has supported 1007 talented athletes, partnered with over 14 state sporting associations as well as individuals from 23 more associations and programs. Successes include 5 World Champions, 2 Olympians, 3 compete at Paralympic games and 2 at Commonwealth Games.

Sponsorship and fundraising is also very important with 26 entities and organisations involved, and of course more are needed if the Academy is to continue to operate at its current level and achieve the success it currently enjoys.

Most members and partners spent some time in the museum attached to the facility where much of the memorabilia is associated with the Geelong Cats Football.

The group enjoyed a meal at the 'Man Bo' Chinese Restaurant across the road. It was value for money as the format was a banquet meal organised by Lynne Carlson. Well done Lynn.

Thank you: A George.

A reminder that May is



month.

Kits are available from the Pharmacies or Vic has some available, cost is \$15.

Rotary Ocean Grove Easter Market:



ANZAC Day Barwon Heads:



Answer to last weeks puzzle: The horse is named Friday

Puzzle:

You're escaping a labyrinth, and there are three exits.

Exit A leads to an inferno.

Exit B leads to an assassin.

Exit C leads to a lion that hasn't eaten in three months.

Which exit do you choose?