

ROTARY CLUB OF OCEAN GROVE

Serving the Southern Bellarine



Inc. Assn. A 0013584 X



ABN: 13 501 173 192

Meeting Roster

Date	Guest speaker / Activity	Chair	Greeter Thanker	Assistant Cashier	Raffle	B'days/Anniversary
Tuesday Apr 5th	John Oswald and Lucy (Lese Oaia) PNG.	David Larkin	Graeme Batouney	Rod Birrell	Noel Emselle	8/4 Martin Geerings, 9/4 Gordon King, 10/4 Jo & Peter Hawthorne.
Tuesday Apr 12th	Sally Cant	Geoff Chandler	Rod Greer	Marion Walton	Pearl Macmillan	18/4 Hazel & Geoff Ford
Tuesday Apr 19th	Richard Clay / Pie Night	Graeme Chamberlain	N/A	Janet Alexander	Ann Hodgkinson	19/4 Adrian Schmidt, 24/4 Jenny and Adrian Schmidt

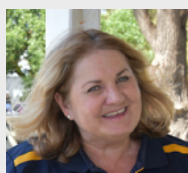
Our Club

President



Alan Keyse

Secretary



Heather Willson

Where: We meet each Tuesday at the Ocean Grove Surf Life Saving Club

When: 6pm for 6:30pm

Visitors are Welcome

Late Apologies: Lyndy Stagg -

0429 436 858

Web: rotaryoceangrove.org.au

Theme: Rotary Awareness - Vocational Service

Lookout Reserve Maintenance Roster:

9 April - Adrian Schmidt
23 April - Neil Templeton
7 May - Jenny Templeton

Past bulletins

- Available from our website (rotaryoceangrove.org.au) via the 'Our Club' menu.

Market: 0401 606 036 **Art Show:** 0417 319 465

We acknowledge the traditional First Nation custodians of country throughout Victoria and their ongoing connection to this land. We pay our respects to their culture and their Elders, past, present and emerging.

Coming Events:

1 April: Camp Quality BBQ / Gil Morgan.
2-3 April: Pre-loved Art Sale / Coral Barker/Rod Bush
3 April: Sunday Market / Lisa Hanley & Adrian Schmidt
16 April: Duck Race, Barwon Heads Bridge, Heather Willson.
18 April: Easter Monday Market / Lisa Hanley & Adrian Schmidt.
30 April: Tree Planting, Wallington Road / Pearl Macmillan.
17 May: Vocational Community Awards Presentations / Lynne Carlson.

Report of Meeting: 29/3/2022

Visitors: Leanne Watson, Gary Watson

President's Report, Alan Keyse

- * 22nd March was World Water Day echoing our Club's commitment to the program in Myanmar.
- * Reminder about Pie Night on 19th April, come in your club's colours. Dick Clay will be the guest speaker.
- * Camp Quality BBQ on Friday. Recognition was given to Gil Morgan who has been largely responsible for organising this event.

Reports:

Pre-loved Art Sale on the weekend between 9 am and 4 pm. Volunteers are needed to help Coral and Rod.

Wilma Bath, wife of Graham Bath died recently aged over 100 years. Graham was a past member of the Club. He bought the Junior Community Awards program to the Club and was responsible for starting 37 Probud Clubs in the District.

Wisdom for the week

A genuine leader is not a searcher for consensus, but a molder of consensus.

“Letter words” - with new definitions. P

Platitude - A truth we are tired of hearing.

Politician - An animal that can sit on the fence and still keep both ears on the ground. Someone who hugs trees and sporting heroes just before an election.

The Present - That part of eternity dividing the domain of disappointment from the realm of hope.

One liners

- * I went to the doctor about my short-term memory problems - the first thing he did was make me pay in advance.
- * You have two parts of the brain, 'left' and 'right'. On the left side, there's nothing right and on the right side, there is nothing left.
- * I have a dog to provide me with unconditional love, but I also have a cat to remind me that I don't deserve it. It's all about balance.
- * Don't spell part backwards. It's a trap.

Links

Rotary International:

www.rotary.org

Rotary District 9780:

www.rotary9780.org

Rotary Foundation:

www.rotaryfoundationaustralia.org.au

Footy Tipping

www.footytips.com.au

Facebook: <https://www.facebook.com/RotaryOG>

Instagram: [#rotarycluboceangrove](https://www.instagram.com/rotarycluboceangrove)

Please remember:

You receive an email each week asking about your attendance at the next meeting. - **please respond when you get it** - it's a very simple

DIK Visit - Enough people were interested in attending a visit to DIK in Geelong. Rod Greer will organise it soon, probably on a meeting night.

Duck Race - Tickets are selling well. Tickets will be sold at the market. Please return your allocation as soon as possible. People to help Heather on the Day are needed.

Footy-Tipping - Winner of round 2 was Graeme Batrouney. Coog is the overall leader.

Guest Speaker: Leanne Watson.

Leanne was diagnosed with adult onset Limb Girdle Muscular Dystrophy (LGMD) when aged 42. Prior to that, she had a normal non-disabled life. She is now 57 and has been living with disability for the past 15 years. There are various forms of muscular dystrophy and it affects each person differently. It is a recessive inherited condition. 500,000 people globally have it with 1,400 in Australia. It is caused by different enzyme, protein or genetic deficiencies involving the limbs extending from our girdle or trunk. There is still speculation as to which muscles are affected, the level of severity and whether the heart/cardio and respiratory systems are involved. There is no cure and it is life-shortening. It is not MS or MND.



The social model of disability is where disability arises from one's interactions between their personal characteristics and their unsuitable environment. Twenty percent of the population have physical needs different from the majority but they still have functional capabilities. Leanne believes it is not being confined to a wheelchair that is the problem. Rather it is the lack of usable facilities which prevent the affected person from living a fairly normal life. Because society does not have such facilities or understand the needs of disabled people, life can be very difficult. Her plea is for equity through the provision of suitable facilities. Attitudes of people towards those with disabilities also creates a large barrier. For example, her husband is often spoken to over her when they are out. NDIS funding has been very welcome and necessary to providing her care. The contributions of carers, NDIS workers and friends is not recognised by society. Support for carers is vital.

Accommodation buildings need to have ramps, lifts in all multi-storied construction, mandated minimum door widths and roll-in showers and lower reception desk heights. There have been some improvements in facilities at restaurants providing lifts, automatic doors and suitable bathroom facilities. With continued

Community Service Awards

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Team Member of the Year



Wairn Ponds

Volunteer Organisation of the
Year



13TH BEACH HEALTH SERVICES

lobbying things have been progressing. Information about disabilities is becoming available through dedicated magazines, children's books, and some exposure in schools which is helping change attitudes. Technology also helps. Public transport in regional areas is still difficult.

Attitudinal change involving the removal of the biases and stigma in society that disabled people are second class, underserving or less worthy is essential. Disabled people need equity in access to employment, social functions, retail and hospitality facilities. When interacting with people with disabilities, their opinions and reactions must be sought and respected. As society becomes more accepting and accommodating, more people especially children are becoming more aware of the role of disabled people in their communities.

Leanne concluded that as a community, and as a country, we need to address our discomfort, prejudice and bias around our interactions with people with disability - it makes perfect economic and social sense.

For those members unable to attend, Leanne's presentation can be viewed by clicking the link below:

<https://youtu.be/6RFRP7-sEWs>



For those planning to travel north this winter

