



Community Visitors Scheme (CVS)
Funded by the Australian Government

A free social connection program for our aged and ageing community members

Introducing Cultura's Community Visitor's Scheme (CVS)

What is the program about?

The Community Visitor Scheme (CVS) program is funded by the Australian Government. The aim of the CVS program is to provide company and social interaction to older members of our community, who are at risk of, or suffering from isolation or loneliness. A Community Visitor volunteer is paired with the recipient for regular visits.

For more information: www.health.gov.au/cvs

Who is eligible?

This program is FREE to eligible members of our community. To be eligible the recipient must be living at home and hold a Home Care Package (HCP) or be waitlisted for a Home Care Package.

What are the benefits of this program?

The benefits of engagement for both the recipient and volunteer visitor are plentiful. The social connections and wellbeing benefits are palpable; bringing confidence and happiness to recipients. The CVS Coordinator will ensure pairings are well-considered so that meaningful conversation and common interests are shared.

What a CVS visit looks like:

The CVS Program involves the volunteer visiting their paired friend for a minimum of 1 hour at least once per fortnight, building a meaningful connection and providing companionship. The visits take place at or from the recipient's home and may include activities such as going for a walk, shopping or visiting to a café, watching a movie together, playing cards, gardening, reminiscing or just lovely conversation over a cup of tea.

Register to receive a visitor

Regular visits from a community visitor can help to improve your quality of life and help you feel less socially isolated.

Volunteer as a visitor

Volunteering as a community visitor can be a rewarding experience. By becoming friends with an older person, you can make a positive difference to their lives as well as your own.

Call or email Amanda Natai for more information.

T 5222 7275

M 0432 392 344

E amanda.natai@cultura.org.au

Healthy Living Centre

25-41 Arunga Avenue

Norlane Vic 3214

 **cultura.**
CONNECT.INSPIRE.EMBRACE.

cultura.org.au