

ROTARY CLUB OF OCEAN GROVE

Serving the Southern Bellarine



Inc. Assn. A 0013584 X

ABN: 13 501 173 192

Meeting Roster

	Topic	Chairperson	Greeter/ Thanker	Happy/Sad \$	Raffle	Birthdays/Anniversaries
May 7th	Club Assembly - ACTION PLANNING	Meredith O'Neill	N/R	Sue Hill	Delia Naumann	9/5 Janet Alexander, 10/5 Rod & Carol Birrell, 11/5 Graeme Batrouney, Anne Magee, Jim & Kerrie Ricchini
May 14th	Prue Francis & Daughter Claire - Great S'thern Reef & Kelp restoration	Graeme Chamberlain	Noel Emselle	Gordon King	Marion Walton	16/5 Sally McMahon
May 21st	Lelean's Restaurant - Partner's night	N/A	N/A	N/A	N/A	22/5 Pearl Macmillan, 23/5 Jenny Clairs, 24/5 Anne Geerings, 25/5 Graeme Chamberlain, Marita Scott, 26/5 Jenny Wright

Our Club

President



Lynne Carlson

Secretary



Rod Bush

Where: We will meet each Tuesday at the **Ocean Grove Bowling Club**



When: 6pm for 6:30pm
Visitors are Welcome



Meeting enquiries or apologies:
Lyndy Stagg - 0429 436 858
Web: rotaryoceangrove.org.au

We acknowledge the traditional First Nation custodians of country throughout Victoria and their ongoing connection to this land. We pay our respects to their culture and their Elders, past, present and emerging.

Meeting notes - 30th April

Guests: Peter Howe. Meryn Pease (RC Beaufort, and Guest Speaker.)

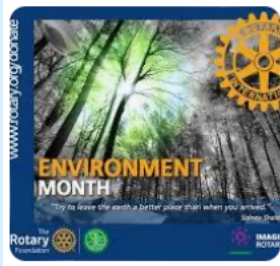
- **Vocational Community Awards:** Marita Scott. There has been an increase in nominations. The awards will be presented on 4/6/2024.
- The voting for the **People's Choice Award** (Small Business) is now open - why not do it here ?



- **Family of Rotary:** Judy Greer. Heather Willson in hospital and recovering well

- **Community:** Pearl Macmillan.
 - A BBQ will be held for Feed Me Bellarine on 18/5/24. Volunteers will be needed.
 - Blister pack recycling. The Bowls Club has agreed to assist us in funding another six bins at the Terrace Pharmacy. Pearl is also collecting foreign coins, spectacles and bottle tops, so please add yours to the pile.
 - Salvation Army are collecting warm clothing and bedding. Please bring items to the next meeting for distribution.

Monthly **Theme: April - Environment**



Past bulletins

- Available from our website (rotaryoceangrove.org.au) via the 'Our Club' menu.

Contacts

Market: 0401 606 036

Art Show: 0417 319 465.

Wisdom for the Week

Stress is caused by being "here" but wanting to be "there"

One liners

- Life is like a box of chocolates. It doesn't last long if you're fat.
- A good rule to remember for life is that when it comes to plastic surgery and sushi, never be attracted by a bargain.
- I have an inferiority complex, but it's not a very good one

Links

Rotary International: www.rotary.org

Rotary District 9780: www.rotary9780.org

Rotary Foundation:

www.rotaryfoundationaustralia.org.au

Footy Tipping: www.footytips.com.au

Facebook: <https://www.facebook.com/RotaryOG>

Instagram: [#rotarycluboceangrove](https://www.instagram.com/rotarycluboceangrove)

Please remember:

You receive an email each week asking about your attendance at the next meeting - **please respond when you get it**

• **Regionalisation and Strategic Planning.** Meredith O'Neill. There will be a meeting of members in last weeks groups to finalise work already done. The workshop groups will meet at the Club meeting on May 7th to complete the SWOT Analysis and the eight goals for the future.

• **Art Show.** Planning is underway for the show this year to Interested members are welcome to join the committee.be held on 2nd and 3rd November.

Footy Tipping: Graeme Batrouney won this week. Geoff Chandler continues to lead the competition.

Guest Speaker. Meryn Pease. Australian Rotary Health.

Australian Rotary Health is one of the largest independent funders of mental health research within Australia. It is a project of the Rotary Districts of Australia supported by Rotary Clubs. It was established as a charitable fund in 1981 by Rotarian PP Ian Scott and the Rotary Club of Mornington to research Sudden Infant Death Syndrome. There has been a reduction of 80% in deaths world-wide from this syndrome following this research.

Since inception Rotary Health has funded over \$50million in research with the generous support of Rotarians and more latterly individual, commercial and government supporters. All money raised/donated is used in research projects. Purpose Statement: We Fund Health Research in four main categories.

Mental Health Research. The main focus of research from the year 2000 was focused on Mental health of young Australians. In 2023 grants have been aimed at the mental health of children aged 0-12. Much of the results of work in this area is brought to public awareness through the 'Lift the Lid' campaign.

General Health Research. Funding is provided for research projects in general health issues such as prostate cancer, effects of gut bacteria on health, heart disease, children's health, motor neuron disease, diabetes, and others.

Indigenous Health Scholarships. Funding is provided for indigenous scholars to undertake study and qualifications in health-related courses including nursing, physiotherapy, psychology, and dentistry. **Rural Medical and Nursing Scholarships.** Medical and Nursing students are encouraged to undertake placements in rural and remote areas of practice in the hope that graduates will have a worthwhile experience and pursue a career in these areas in the future.

Meryn asked members to think about what our Club might consider doing to help create awareness of the work of Australian Rotary Health. The website and social media are good sources of information.

Banners for display at local events are available. The club could consider a health-related project perhaps in partnership with another club in the district

Members Activities - Check your allocation and inform the appropriate person if you cannot make it.

Lookout Maintenance Roster:
Contact Noel Emselle

TBA

15 on me: Contact Rod Bush

I'll chat with members about availability and add names here as I get willing participants

100 Trees Maintenance Roster:
Contact Noel Emselle

May - Andy McKoy (Leader) Kath Venters, Rod Birrell, David Larkin, Alison George

June - Noel Emselle (Leader) Martin Geerings, Paul Brewster, John Karis, Tony Haines

Where you can use your OGBA voucher:

- Driftwood Cafe, OG Cellars, Ian Pattison Jewellers, Piping Hot Chicken Shop, Viewpoint Digital Media, OG Bar, Wardrobe by the Sea, Bellarine Eye care, Bay IT, Bells by the Beach, Laminar, OG Hardware, OG NewsXPress, Pavilion Property, Ocean Eyes, OG Super Toys, Covenant Wine Bar, Roche Accounting, Bakers Delight

Shelter box:

An inspiring account of ShelterBox and Rotary activity in Morocco.

<https://rotaryserviceblog.org/2024/03/25/how-shelterbox-and-rotary-partnered-to-provide-relief-aid-in-morocco/>

A message from Riding for the Disabled:

As a thank you for your ongoing financial support, we would like to invite representatives of your organisation to our Open Day at the Wallington Park Equestrian Centre, 1625 Bellarine Highway, Wallington on Thursday May 16, starting at 10am

It is a chance to see your donations at work & speak with students, parents & RDA volunteers & coaches. A riding lesson will be in progress so that you can see first hand what a positive experience it is for the children (& volunteers) involved.

Tea/coffee & light refreshments will be provided. We hope to see you there. - Annette Appleby - RDA Barwon

If anyone would like to attend, please contact me and I'll pass on your name. (Rod Bush)

