

ROTARY CLUB OF OCEAN GROVE

Serving the Southern Bellarine



Inc. Assn. A 0013584 X



ABN: 13 501 173 192

Meeting Roster

Date	Guest speaker / Activity	Chair	Greeter Thanker	Happy \$ \$/Server	Food Server	Raffle	B'days/Anniversary
Tuesday June 6	Vocational Committee Community Awards	Rod Birrell, M. C.	Vocational C'tee members	Not Required	Not Required	Not required	5/6 David Larkin, 6/6 Neil Templeton, 7/6 Gil Morgan, 11/6 Fred Andrews
Tuesday June 13	15 On Me: Andy McKoy; Andrea Tierney	Wal Kelly	Not Required	Jenny Wright	Neil Templeton	Xenia Williamson	13/6 Lisa Hanley, 16/6 Geoff Brentnall, Geoff Ford
Tuesday June 20	CHANGE OVER	TBA					19/6 Chris & Barb Watson, 24/6 Xenia Williamson

We acknowledge the traditional First Nation custodians of country throughout Victoria and their ongoing connection to this land. We pay our respects to their culture and their Elders, past, present and emerging.

Our Club

President



Peter Cowburn

Secretary



Rod Bush

Where: We meet each Tuesday at the **Ocean Grove Surf Life Saving Club**

When: 6pm for 6:30pm
Visitors are Welcome

Late Apologies: Lyndy Stagg - 0429 436 858

Web: rotaryoceangrove.org.au

Theme: May - Youth Service

Past bulletins

- Available from our website (rotaryoceangrove.org.au) via the 'Our Club' menu.

Market: 0401 606 036

Art Show: 0417 319 465.

Coming Events

June 20 Change Over

Meeting: 30 May 2023, CHAIR Ann Hodgkinson

Visitors: Rebecca Groten & Paul Statham, Ambulance Victoria; May Ayres, Jan Brewster.

Induction: Janice Nation

Janice has been proposed for membership and duly elected. President Peter Cowburn presented Janice with Rotary information and badges.



Peter, Janice and Graeme

Each member contributes to service above self. Janice is aware of the requirements for Rotary membership. She will be a source of strength to our Club. Peter asked all members to be friendly and supportive of Janice. It is proposed Janice join the International Committee. Janice thanked the members who introduced her to the club. She looks forward to participating in our programs.

Guest Speakers: Rebecca Groten and Paul Statham, Ambulance Victoria.

Paul and Rebecca are working as liaison officers for Ambulance Victoria. When attending to a person who has suffered a cardiac arrest, citizens are advised to follow three steps: Call, Push, Shock. Nineteen people a day suffer a cardiac arrest and 79 per cent of these are in the home. Only ten percent survive but those who are attended to early have a 88 per cent chance of survival. They showed a video which highlighted that it takes a team to save a life and the need to respond quickly.

Wisdom for the Week

Solitary trees, if they grow at all, grow strong. Winston Churchill

“Letter words” - with new definitions. ?

Internet: A shortcut to plagiarism.

Internet Browser: A piece of software that puts a message on your computer screen informing you that the Internet is currently busy and you should try again later.

Interpreter: One who enables two persons of different languages to understand each other by repeating to each what it would have been to the interpreter’s advantage for the other to have said.

One liners

A termite walks into a bar and says “Where is the bar tender?”.

Why couldn’t the leopard play hide and seek?. Because he was always spotted.

Why do seagulls fly over the sea? Because if they flew over the bay, they would be bagels!

I hate insects puns, they really bug me.

Links

Rotary International: www.rotary.org

Rotary District 9780: www.rotary9780.org

Rotary Foundation:

www.rotaryfoundationaustralia.org.au

Footy Tipping www.footytips.com.au

Facebook: <https://www.facebook.com/RotaryOG>

Instagram: [#rotarycluboceangrove](https://www.instagram.com/rotarycluboceangrove)

Please remember:

You receive an email each week asking about your attendance at the next meeting - **please respond when you get it** - it’s a very simple process. You will receive a return email advising your response has been registered.

CALL 000 as soon as possible when someone has an episode. The call taker will initiate an immediate response. They will ask you if there are any signs of breathing and how frequent they are.

PUSH on the middle of the chest between the nipples. Place patient on a hard surface. The rate of pushing is to be hard and rapid, 120 beats per minute to the beat of Staying Alive or Row, Row Your Boat. Change the operator every two minutes if possible. Mouth to mouth resuscitation is no longer recommended. Ribs may be broken in the process but any attempt is better than none.

SHOCK or Defibrillation. If available turn on the defibrillator and follow the instructions. Do not touch the patient when applying shock. Remove upper body clothing and apply pads to dry skin. Shock will be repeated if necessary.

Defibrillators should be mounted in a public place and registered with AED. The differences between cardiac arrest and a heart attack was discussed with cardiac arrest being a more general term for a loss of heart beat. The job of ambulance officers is hard but satisfying and rewarding.

A program GOODSAM is available which involves citizens who are confident to apply CPR and Defibrillation. They can be contacted via an app on mobile phones.

REPORTS

Footy Tipping, Harry Hanley: Geoff Brentnall is still the competition leader, Rod Greer won this week’s round.

Family of Rotary, Alison George: Coral is holding her own at the moment and hopes to attend the Change Over dinner. Billy Steains had a stroke while on holidays and for the moment has to stay in Queensland. David Cooke, a past member is in BUPA at Bellarine Lakes.

Vocational Committee, John Karis: The preparations for the Awards Night on June 6th 2023 is going well. There has been a lot of activity in the background to ensure that everything runs as smoothly as possible. There are a couple of areas for which the Vocational committee would like some assistance;

1. The committee will meet and greet sponsors, nominees and guests when they arrive however there may be moments when we require extra support from fellow Rotarians. We would like to request that members keep a look out and assist the committee greeters where necessary. This will help to alleviate ‘bottlenecks’ as well.
2. Non-paying guests will be provided with a name tag and drink voucher. It was requested that perhaps some male Rotarians could look after the drinks for these guests and manage the process at the bar.
3. It was requested that members attending the Awards Night confirm as soon as they receive the Jotform invitation, by Sunday 5pm (as Lyndy has requested previously). This will be greatly



Paul & Rebecca

Members Activities - Check your allocation and inform the appropriate person if you cannot make it.

Lookout Maintenance Roster:
Contact Noel Emselle

28 May Marita Scott

11 June Rod Greer

25 June Alex Magee

15 on me: Contact Rod Bush

13 June: Andy McKoy, Andrea Tierney

100 Trees Maintenance Roster:
Contact Pearl Macmillan

June: Andy McKoy (leader) - Jenny Templeton, Neil Templeton, Sue Hill, Lisa Hanley, Harry Hanley.

Where you can use your OGBA voucher:

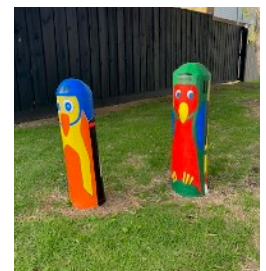
Driftwood Cafe, OG Cellars, Ian Pattison Jewellers, Piping Hot Chicken Shop, Viewpoint Digital Media, OG Bar, Wardrobe by the Sea, Bellarine Eye care, Bay IT, Bells by the Beach, Laminar, Wish Fish, OG Hardware, OG NewsXPress, Pavilion Property, Ocean Eyes, OG Super Toys, Covenant Wine Bar, Roche Accounting, Bakers Delight

appreciated as it enables us to complete the table set-up and mix of Rotarians and guests plus provides confirmation for catering purposes.

Rotary Clothing, Marion Walton: If you have any further orders, please contact Marion immediately.

President's Report: Peter Cowburn

- An email has been circulated regarding an evening with International President Gordon McInally in Mount Gambier on the 2nd June.
- The Community/Environment Committee will be split into two due to its large membership and extensive agenda. Pearl Macmillan will remain Chair of Community and on the Board. Noel Emselle will look after the Environment Committee reporting back to Pearl.
- Members wanting to change committee next year should advise Rod Bush asap. We are in the final
- We need someone to replace Andrea Tierney to organise the speakers program next year.
- We received a letter expressing thanks for the playground relocation program from the Rotary Club of Binan-Laguna region of the Greater Manila Area.
- When in **Barwon Heads** you might see some newly painted bollards - courtesy of the money the Barwon Heads Primary school received from the Duck race.



- **Play ground Relocation:** Please read; if interested contact President Peter

Dear Peter

This invitation to you & your members is due to your clubs being supporters of the Rotary Overseas Relocated Playgrounds project.

Within the last few days, I have been able to confirm the visit of a group of Rotarians from the Philippines, from the club that will be receiving our next shipment of playgrounds. On 1st of June (the day after the RI Convention in Melbourne finishes) they will be traveling to Geelong by train (arriving at 9am), and I will be showing them a couple of the playgrounds they are destined to receive.

That night we will have dinner at Taste of Philippines, 22 Milton Street, Bell Park, before they return to Melbourne by train. The attendees confirmed are the Club President of the Rotary Club of Angeles Kuliat, Leigh Jocson, and her son, President of the Rotaract Club of Angeles Kuliat, and two more Rotaractors, a Rotary member and the incoming Rotary Club President Cherry Espiritu-Esguerra. You and your members are most welcome to attend and meet these Rotarians & Rotaractors over dinner.

Meals are reasonably priced – visit <https://tasteofphilippines.com.au/> for menu & costs – pay your own way on the night.

Don Shields

Next week's meeting is the Vocational Awards Presentations. Early responses indicating attendance is important as it will be a big night and the caterers will need as much notice as possible.



I LIKE TO MAKE LISTS.

I ALSO LIKE TO LEAVE THEM LAYING ON THE KITCHEN COUNTER AND THEN GUESS WHAT'S ON THE LIST WHILE AT THE STORE.



I was visiting my DAUGHTER last night when I asked if I could borrow a newspaper.

"This is the 21st century" she said. "We don't waste money on newspapers. Here, use my iPad."

I can tell you this... that fly never knew what hit him...

The emotional support dog after I get done telling it my problems.



Be honest, if people heard what you are thinking half of the time, you would either be in jail or a mental hospital.