

(LUB OF OCEAN GR Inc. Assn. A 0013584 X ABN: 13 501 173 192



Meeting Roster



	Guest speaker	Chair	Greeter/ Assist. Sgt.	Thanker/ Asst. Cshr.	Raffle	B'days/Anniversary
26th February	Barwon Community Health	John Calnin.	Don Ho.	Alex Magee.	Gary O'Donnell.	28/2 John Paton, 1/3 Eng Ho, 1/3 Nicole Vinkin-Powell, 3/3 Pam Haines.
5th March.	Visit Lions Club - Barwon Heads	ТВС	ТВС	TBC.	TBC.	6/3 Alan Keyse, 6/3 Dick Clay, 6/3 Leone Clay,

Our Club

President: Graeme Chamberlain

Secretary: Pearl Macmillan

Where: We meet each Tuesday at the Ocean Grove Bowling Club: 18 The Terrace, Ocean Grove, 3226

When: 6 pm for 6:30pm

Visitors are Welcome

Apologies: 0457 315 900

Web: rotaryoceangrove.org.au

Theme: Peace & Conflict Prevention/Treatment Month

Lookout Reserve Maintenance Roster:

03/03/19 - 09/03/19 Noel Emselle.

10/03/19 - 16/03/19 Gordon King.

Past bulletins

- Available from our club website

Market contact: 0401 606 036 Art Show contact: 0417 319 465

Report of Meeting: 26/02/2019

Visitors: Jenny Schmidt, Shane Dawson, and Andrew Dagg

President's Report

Anam Cara Dinner on 16 May. See President Graeme if you would like to attend. There will be a bus leaving Meredith to go and return to Conference in Maryborough, free of charge. See Lynne Carlson for more information. Thank you to John Calnin for acting as President at last week's meeting.

Chair: John Calnin

Reports:

Marian Walton – tickets for the Dinner – Dance in aid of Parkinson's Research will go on sale next week.

Lynne Carlson, Vocational – nominations for Community Awards open until 28th February. We have now received good numbers of nominations for most categories.

Rod Greer, International – Working Bees for dismantling the Kingston Park playground mark-up start on Wednesday, roster has been distributed. Rod will keep everyone informed on progress. The Monday 9 am working bee is definitely proceeding. The first container has left for Sri Lanka and the second one will also go there. The original project was to supply 40 playgrounds to Sri Lanka, but others may go to Papua New Guinea and Timor Lesste. Highton is also interested in being involved.

Judy Greer, Youth - Parent / student meetings are

Members: Coming Events:

- Visit to Lions club Barwon Heads - March 5th
- 9780 Conference -Maryborough - Mar 22 -> 24
- Wine/Dine/Dance Parkinson's Fundraiser - April 6th

Saying of the week

• The best time to plant a tree was 20 years ago. The second best time is now.

Humour

• A pirate walks into a bar with a steering wheel on his pants, a peg leg and a parrot on his shoulder. The bartender says, "Hey, you've got a steering wheel on your pants."

The pirate says, "Arrrr, I know. It's driving me nuts."

Links

Rotary International: www.rotary.org

Rotary District 9780: www.rotary9780.org Footy Tipping www.footytips.com.au

Please remember:

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 APOLOGIES ARE NECESSARY! IF YOU ARE UNABLE TO ATTEND A MEETING. THOSE WHO DO NOT CONFORM WILL BE SENT A BILL, AS THE CLUB HAS TO PAY IF NO APOLOGY IS REGISTERED. starting in all schools for the Junior Community Awards Program. Nicole Vickers-Powell sends her greetings. She has been indisposed and unable to attend for a few weeks but is still active.

John Calnin, Art Show – The committee is still seeking a Vice-Chair and Treasurer. Please consider.

John Calnin, Social – the Car Trial has been cancelled due to the poor response. Also Surfing for the Disabled is happening again on Sunday and all are welcome to come down.

Adrian Schmidt, Market – The roster for next Sunday has been distributed on email.

Alex McGee, Footy Tipping – This is starting again for this year, cost of \$50 per person. Prizes are bottles of good quality wine, with a least one going to each week's winner plus anyone else who gets 9 winners in that week. There will be half season prizes to leader and bottom tipper with major prizes going to winners and end of the season. Let Alex know if you do not want to be involved again this year, or if you would like to join the competition.

Richard Grimmett advised he now has a spot on Pulse Community radio FM 94.7 called '**Richo's Radio Show'** on Thursdays 2 to 4 pm.

Guest Speakers – Bellarine Community Health (bch)



Shane Dawson, CEO Shane was born in Ballarat and lived in Hamilton until his children left home. They then went to Darwin for six years working in remote communities, then to Sydney. After that, they were in Bundaberg for 10 years. They then decided they wanted to come home

and he obtained the job at **bch**. They have three sons and three granddaughters. Shane's career was in health and particularly psychiatric services.

Bellarine Community Health is an independent community health organisation. The aim of their new Strategic Plan is to bring the community back into the organisation. They provide services in four sites on the Bellarine. It provides the community nursing and palliative care service to the Bellarine. They are also seeking to gain World Health Organisation accreditation for aged care services. The motto of bch is 'With You for Life' 1. **Portarlington**. The sale of the Ann Nichol House was contentious. However, it has led to the funding of new facilities including a gym, cardiac rehabilitation, exercise groups, and a GP practice. A one-stop-shop will open on 8th April for allied health services, respite, and a food assistance program. Portarlington also has an auxiliary opportunity shop with 40 volunteers, which generates around \$100,000 a year.

2. **Point Lonsdale – Queenscliff**. A new building will open next week, 6th March. It will contain a dentist, GP practice, allied health services and gym. The Eric Tolliday units are being renovated and will reopen. The Coorabin nursing home is being renovated and will be used by visiting specialists.

3. **Ocean Grove**. This currently uses shared premises with the COGG Library. The limited space means there is limited capacity there. There is an activity group, cardiac rehabilitation, dietetics and counselling. **bch** is putting a case for new premises involving lobbying of politicians to enable an expansion of services, particularly mental health and suicide prevention.

4. **Drysdale**. This is the Child and Youth Services Hub, NDIS, and Executive Suites. It provides a range of services including speech therapy, podiatry, physiotherapy, and occupational therapy. The Youth Services Hub is based in the Drysdale school precinct with a range of services based there.



Andrew Dagg, Business Analyst, bch

Andrew is responsible for identifying innovations, organising funding and getting projects underway. One such project is their Health Care Bus. This idea emerged in September 2018 and gained Board approval in December 2018, which provided funding from the Health and Wellbeing Fund. Prestige Jayco found and converted a vehicle. In January, Ocean Grove Rotary Club agreed to help fund the project. The Bus will enable clients to see specialists and practicians close to home. It will also help raise the profile of **bch** in the community by supporting local events.

There are 2,695 elderly people who live alone in the Bellarine, some in areas, which have few local facilities. For example, people in St. Leonards have to go to Leopold by bus and then another bus to Point Lonsdale to access services. The

conversion of the mobile home motor vehicle has involved the removal of the bed, shower, toilet and cooking facilities to be replaced with treatment chairs and storage. The Rotary Club of Ocean Grove has contributed an electric podiatrist chair worth \$6,795. The Bus still needs

examination lights installed and adding **bch** colours and logos including recognition of sponsors such as the Rotary Club to the outside. It will then be handed over and will start service delivery in the near future.

Answers to Questions -

Funding for **bch** is 65% from the State Government, 28% from the Commonwealth Government and the rest from fundraising. They intend to focus more on fundraising in the future to fill gaps left by government sources. They employ 165 staff, most part-time and have 145 volunteers. They want to have more volunteers in the future as the community becomes more involved. Clients pay fees as per their normal medical programs such as health care cards, Medicare, private health insurance or full fee.

Next week we will meet at the Barwon Heads Senior Citizen's Club, Clifford Parade, for a joint meeting with Lions.

20 things your mum said to you While you was growing up.

- 1. Because I said so
- 2. Wait an see
- 3. Ask your dad
- No pudding unless you finish your dinner
 If someone asked you to jump off a cliff would you?
- 6. I've told you a thousand times
- 7. Say pardon, not 'what'
- 8. What did your last slave die of?
- 9. You'll take someone's eye out with that
- 10. It'll all end in tears
- 11. I want, never gets 12. Close the door - y
- Close the door you weren't born in a barn
 Don't sit that close to the tv you'll get square eyes
- 14. There is no such word as 'Can't'
- 15. Who is 'she'? The cats mother
- 16. Carrots make you see in the dark
- 17. If you eat your crusts you'll get curly hair
- Don't make that face. If the wind changes you'll stay like that
 Do as I say, not as I do
- 20. Back in my day